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Kanchnaar Guggul Tablet

Kachnaar guggul is a classical ayurvedic preparation that is very commonly used in reducing swellings of all kind like thyroiditis, varicose veins, pedal edema, lymph node swellings, poly cystic ovaries, fibroids in the uterus, tumors, cancers etc. These tablets are used in all types of patients who are suffering from any kind of soft tissue enlargements. They have no side effects and can be used by people of all ages.

The ingredients used in the preparation of Kanchnaar Guggul are Kanchnar Bark (Orchid Tree), Amalaki (Indian Gooseberry),

Haritaki (Chebulic Myrobalan), Bibhitaki (Belleric Myrobalan), Ginger (Ginger), Black Pepper (Common Pepper), Pippali(Long Pepper), Varun(Three leaved caper).

Benefits and Uses of Ingredients used in the preparation of Kanchnaar Guggul are:

Kanchnar : Kanchnar is commonly known as Orchid Tree. Kachnaar is a beautiful tree growing on the plains of India. The bark of this tree has been found to be useful in blockages in lymphatic channels, inflammation of lymph nodes. The bark of this tree is an astringent, anthelmintic and anti – oxidant. It helps to flush out toxins in the lymphatic system. It prevents cysts, tumors and even extra tissues growths. It helps to balance the thyroxin production and both hypo thyroid/hyper thyroid conditions. It is very good to shrink the swollen lymph nodes. It is also very useful in viral warts.

Amalaki: Amalaki is also known as Indian Gooseberry. It has anti-oxidative, anti-hepatotoxic, immune-modulator and resistance building properties. It is one of nature's best anti-oxidant and helpful in fighting with cancers and other age related disorders. It is an anti-bacterial, carminative, hypoglycemic, stomachic, hypotensive and astringent action. It is cooling and diuretic.

Haritaki: Haritaki is also known as Chebulic Myrobalan. It is rejuvenating in nature. It is an astringent and mild laxative in nature. It is very effective for relieving liver disorders. It is useful in relieving fatty liver and cirrhosis of liver.



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Bibhitaki: Bibhitaki is also known as Belleric Myrobalan. This is a very good blood and lungs cleansing herb. It has styptic property and hence useful in arresting bleeding. It is also astringent, it is good to shrink the cysts and swellings.

Sonth/Ginger: Ginger is a tonic and stimulant. It also has blood thinning properties, inhibits cell-clotting enzymes in your blood stream, lowers cholesterol, and reduces migraine headaches. Ginger is also a great detoxifier and alkalizer.

Marich/Black Pepper: It is also known as Common Pepper. It is good herbal remedy which helps to reduce swelling and inflammation. It is useful as a digestive stimulant and carminative, and aids in alleviating pain.

Pippali/Black pepper: It is also known as Long Pepper. It stimulates the nervous system and counteracts drowsiness. It is quite useful in respiratory disorders. It is effective as central nervous system stimulant. It also has various properties like anti-inflammatory, sedative and digestive.

Varuna: It is also known as Three-leaved Caper. It has antioxidant, anti-inflammatory, antimicrobial, urinary-renal supportive qualities.

Benefits of Kanchnaar Guggul Tablet are-

- It helps to reduce cholesterol and unwanted fats.
- It helps to relieve loss of appetite and gastro intestinal disorders.
- It can relieve cystic and fibroid conditions.
- It acts as an inflammatory and a sedative.
- It is a central nervous system stimulant.

Indications of Kanchnaar Guggul tablets -

- Weak immunity
- Inflammatory conditions
- Diabetes
- Tumors
- Liver problems
- Bacterial infections
- Ulcers
- Cancers



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- PCOD
- Edematous conditions
- Thyroid problems
- Fibroid uterus

Recommended Dose – 2 tablets, twice or thrice daily with plain water after meals.