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Kishore Guggul

Kaishore Guggulu is particularly helpful for removal of toxins (Uric Acid) in the joints and muscles, which may be indicated by pain and inflammation. Chronic accumulation can lead to serious conditions such as bursitis, tendonitis and Gouty arthritis.

Kaishore Guggulu is traditionally used in arthritis, characterized by redness, heat, inflammation and persistent pain in the joints. This helps to remove excess impurities, thereby soothing inflamed joints and cooling the system. Kaishore Guggulu also works to prevent further accumulation of toxins by regulating metabolism and

assisting in the proper elimination of toxins.

Ingredients – It has many ingredients like Myrobalan, Ginger, Black Pepper, Long Pepper, Red Physic Nut and Indian Jalap.

Description - .

- Indian Gooseberry: Amalaki is one of those fruits which is full of anti-oxidants, vitamins and minerals. The fruit has abundance of flavonoids, polyphenols and carotenoids besides the richness of vitamin
- Chebulic myrobalan: This tree is the source of many chemicals like Tannic acid, Chebulinic acid, Gallic acid, resin, Anthraquinone, Sennoside, mucilage, Chebulin, Terchebin, Palmitic acid, Stearic acid, Oleic acid, Linoleic acid, Behenic acid.
- Beleric myrobalans: The fruits bear astringent properties and are used for multiple purposes. It enhances the immunity and is helpful in maintaining the blood pressure and cholesterol
- Guggul (resin): Guggul is a shrub with thin papery bark. It is most commonly found in Northern India. The extract of gum guggul, called gugulipid, gugulipid, or guglipid, has been used in Ayurvedic medicine, for nearly 3,000 years in India.
- Tinospora: Tinospora is known as the Elixir of life. This herb is of huge importance in Ayurveda. Tinospora is a succulent woody climbing shrubs generally sending down long aerial roots from the host trees, where they spread. It is enriched with antioxidants.



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Kaishore Guggul uses/benefits:

- Kaishore guggul is excellent for removal of uric acid, lymphatic congestion, and calcification of the shoulders, neck, and vertebrae.
- It is indicated in all sort of painful and swollen conditions.
- It is indicated in muscles, joint pain, backache, sciatica, arthritis etc.
- For diabetes as the pancreas becomes unblocked it begins to function better leading to less insulin resistance and greater production of insulin.
- Kaishore guggul is a good preliminary formula for cancers because it cleans out toxic wastes that cancers feed upon.
- Kaishore guggul helps break up pustules, generalized itching, acne, and to some extent chelasiums
- Toxins are removed from pores of skin and lungs so if very toxic bad breath and increased perspiration may occur.
- It cuts down aggressive behavior for those with obsessive compulsive disorder.

Planet Ayurveda's Kaishore Guggul –

Planet Ayurveda's Kaishore Guggul is an excellent herbal formulation to deal with numerous ailments. Various herbs are used to formulate this preparation which we can say that undergoes quality, quantity and potency check successfully.

Indications:

- Gouty arthritis
- High Uric Acid, Acne,
- High toxicity conditions
- High Pitta (Heat) in body
- Inflammatory conditions
- Arthritis
- Sciatica
- Boils
- Hemorrhoids
- Sprains
- Bursitis
- Muscle aches/cramps
- Stiffness



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- Carpal tunnel syndrome
- Myositis
- strained muscles
- Dysmenorrhea
- Neuralgia
- Swollen joints
- Fever
- Repetitive motion injury
- Tendonitis
- Fibromyalgia
- Rheumatism.

Recommended dose – 2 tablets twice/thrice daily after each meal with plain water.